



HOOPS CHIROPRACTIC

Family Practice and Sports Medicine

I decided to try Chiropractic several months ago, after trying everything else and not having the success I wanted. I was very uncomfortable in my body in general, and had pain every day in my back, hips and legs. I had many episodes of my legs feeling weak, and my knees buckling. Each time I had an adjustment, my symptoms improved little by little, and my body, as a whole, felt comfortable to live in again. I was able to exercise, walk without weakness, or a cane, was out of pain, was able to stop going to Physical Therapy, felt stronger each week, and felt more hope for my future.

Also, I had a month long episode of feeling an electric shock in the tips of my fingers whenever I touched anything cold. Immediately after ONE treatment, that sensation completely stopped and hasn't returned.

I am so grateful for the knowledge of skill of the Chiropractors at Hoops Chiropractic. Now, whenever I feel pain or just don't feel right, I get an adjustment.

I would say, if you are uncomfortable in your body, you feel off, or have pain or any strange sensations; you are aging or have had an injury, to try Chiropractics. I started feeling a difference after the first time, and it just improved each time I went. It's worth a try. If it doesn't help, at least you gave it a shot.

What has pleased me most is being able to enjoy my life again and know there is someone to help if I have pain or something out of place.

I have found Dr. Hoops and his staff to be incredibly caring and knowledgeable. I appreciate that they take walk-ins. Dr. Hoops has training in Physical Therapy as well, and has been able to help me come up with a plan for exercising at home to strengthen my weakest points. I am also grateful that he shares my faith, and know Chiropractic care is what he has been called to do.

Gratefully,
Debbie Peters